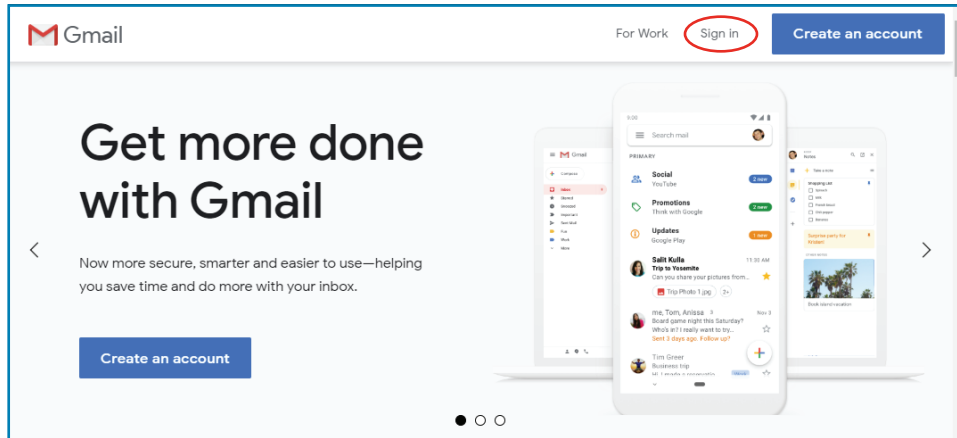
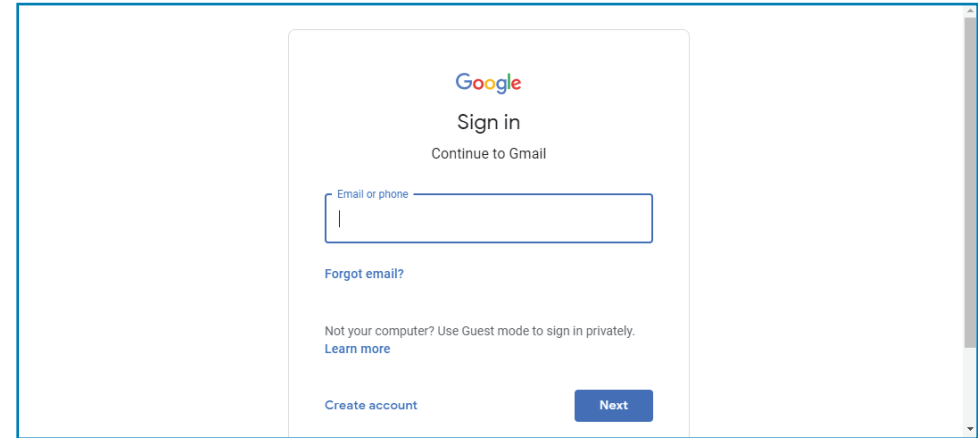


How to set up your mtroyal.ca email in 4 easy steps

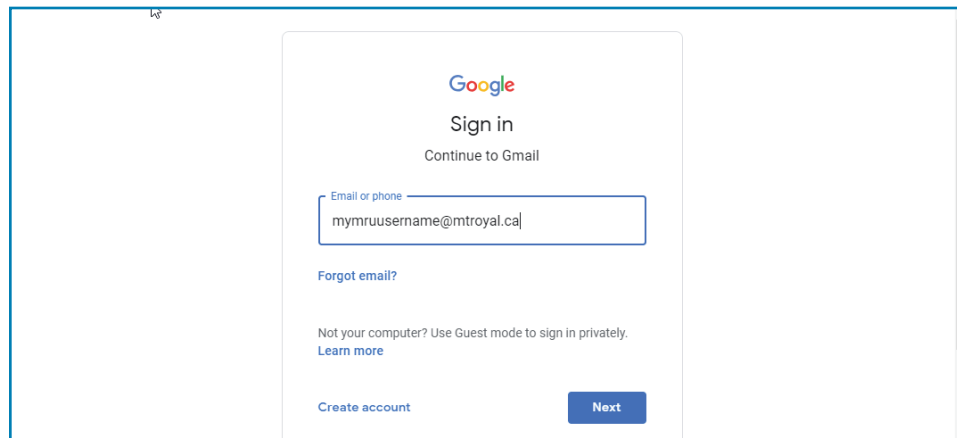
STEP 1 Navigate to <https://www.google.com/intl/en-GB/gmail/about/#> and click **Sign in** at the top of the page.



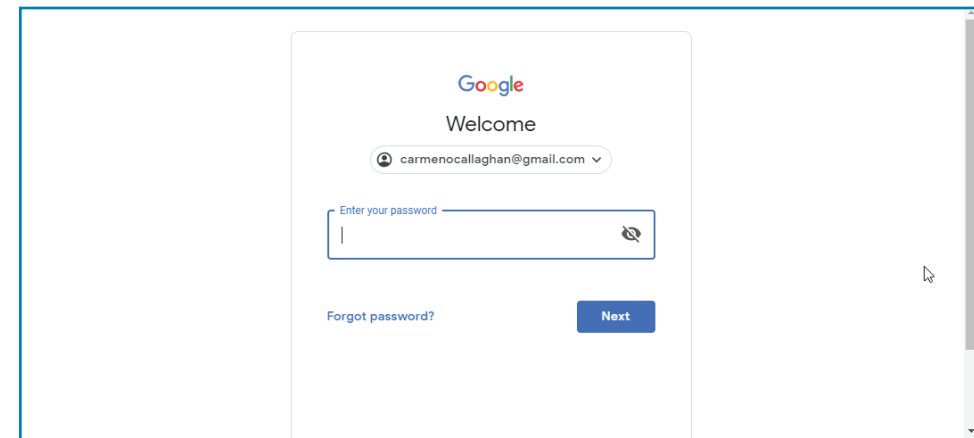
STEP 2 Log out of your personal gmail account (if applicable).



STEP 3 Enter your MyMRU username followed by @mtroyal.ca. Select **Next**.



STEP 4 Enter your MyMRU password. Select **Next**.



Your mtroyal email set up is now complete.

This email address is used for **all** official correspondence from Mount Royal University and should be checked regularly. If you experience any issues setting up your account, contact ITS Helpdesk at helpdesk@mtroyal.ca or 403.440.6000.